

Al-Anon meetings are open to anyone affected by someone else's drinking.

TULSA MEETINGS

MONDAY

- 9:30 am **BRIARWOOD**
Southminster Presbyterian
3500 South Peoria 2nd Floor,
Enter South Door
East Door for Elevator
9:30 am (SS, T, BC)
10:30-11:30 am (D)
- 12:00 pm **DOWNTOWN AL-ANON**
700 South Boston, Room 308
Bernsen Community Center
1st Presbyterian Church
12:00 - 1:00 p.m.
- 7:30 pm **MIDTOWN AFG**
Unanimity Club
8749 South Lewis
Speaker 4th Monday, South Entrance
7:30-8:30 pm
- 7:30 pm ***SOONER-Fellowship Congregational Church**
2900 South Harvard
- 7:30 pm ***GOING TO ANY LENGTHS-AL-ANON**
Sheridan 21 Center
6540 East 21st Street, Suite F
Babysitting Available
(Just south of Direct TV,
in Sheridan 21 Center)
- 7:30-
8:45 pm ***CORNERSTONE AFG**
All Souls Unitarian
2952 S. Peoria - Henry David Thoreau Room
(SS D)

TUESDAY

- 12:00 pm **DOWNTOWN AL-ANON**
700 South Boston, Room 308
Bernsen Community Center
1st Presbyterian Church
12:00 - 1:00 p.m.
- 7:30 pm ***DESIRE AFG**
Life Park Christian Church
5800 South Union - Tulsa
AA Meeting Also
- 7:30 pm ***NEW HOPE -St. Dunstan's Episcopal**
5635 E. 71st, 7:30-8:30 pm (D,SS,T)
Speaker 5th Tuesday
- 7:30 pm ***ORIGINAL WESTSIDE**
Southern Hills Methodist Church
6160 South Lewis Avenue
7:30-9:30 pm (D,SS,T)
Speaker Last Tuesday
- 7:30 pm ***PATHS TO RECOVERY**
Church of Christ, 747 S. Memorial Drive
7:30-8:30 pm Babysitter Available-\$2.00/child
Open Speaker Meeting Last Tuesday
- 7:30 pm **FREEDOM ALATEEN**
Church of Christ, 747 S. Memorial Drive

WEDNESDAY

- 10:00 am **WED. DAYTIME STEP STUDY**
Hope Unitarian Church, 8432 S. Sheridan
(Log Cabin), 10:00 am-11:30 am (SS,T,D)

- 12:00 pm **FAITH-AFG Intergroup Service Office**
Fountain Plaza (South Bldg., North Side)
4867 S. Sheridan, Suite 705
- 12:00 pm **DOWNTOWN AL-ANON**
700 South Boston, Room 308
Bernsen Community Center
1st Presbyterian Church
12:00 - 1:00 p.m.
- 6:30 pm **WED. NIGHT SERENITY**
Fellowship Lutheran
6727 S. Sheridan
Babysitting Available
- 6:30 pm **ESPERANZA PARA HOY**
Spanish Speaking Group
4867 South Sheridan, Suite 705
6:30 - 8:30 pm
- 7:00 pm **TWELVE AND TWELVE**
Aldersgate United Methodist Church
3702 South 90th East Avenue
7:00 pm - 8:30 p.m. (BC, SS, D)
- 7:00 pm **OASIS AL-ANON**
TCC West Campus
7505 W. 41st St.
Administration Bldg., Room 208
- 7:30 pm ***TRADITIONS - Unanimity Club**
8749 S. Lewis, South Door
7:30-9:00 pm (BC,SS,D,OS,T)
Open Speaker/Birthday 3rd Wed.
- 7:30 pm ***GOING TO ANY LENGTHS**
6540 E. 21st Street, Suite F
(Just south of Direct TV,
in Sheridan 21 Center) (SS)

THURSDAY

- 12:00 pm ***UNITY GROUP - Unanimity Club**
8749 S. Lewis, 12:00-1:00 pm
South Door (D)
- 12:00 **DOWNTOWN AL-ANON**
700 South Boston, Room 308
Bernsen Community Center
1st Presbyterian Church
12:00 - 1:00 p.m.
- 1:00 pm **THURSDAY DAYTIME**
Madalene Catholic Church
3188 East 22nd St. (enter from 22nd &
Harvard)
Tradition Last Thursday
1:00 pm (SS), 1:30 pm to 2:30 pm (D)
- 5:30 pm **WOMEN'S CONNECTION**
Fellowship Congregational
2900 South Harvard
- 7:00 pm **RECOVERY ALATEEN**
Yale Ave. Christian, 3616 S. Yale - 7:00-8:00 pm
- 7:00 pm **THE RECOVERY AL-ANON FAMILY GROUP**
Yale Ave. Christian, 3616 S. Yale
7:00-8:00 pm (SS)(D)
- 7:30 pm **GOING TO ANY LENGTHS**
6540 E. 21st Street, Suite F
(Just south of Direct TV,
in Sheridan 21 Center)
3rd Thursdays Speaker Meeting

FRIDAY

- 12:00 pm **DOWNTOWN AL-ANON**
700 South Boston, Room 308
Bernsen Community Center
1st Presbyterian Church
12:00 - 1:00 p.m.

- 7:00 pm **LAMBDA AL-ANON**
Gay & Lesbian
Dennis R. Neil Equality Center
621 East 4th Street, Tulsa
- 7:30 pm ***BEGINNING**
Garnet Road Baptist Church
620 S. Garnett
North Entrance (BC, SS)
Last Friday Speaker Meeting

SATURDAY

- 8:30 am **CHANGING IN AL-ANON**
St. Francis Hospital, 61st & Yale
Heart Center Classroom B-Level AA (West End)
*9:30-10:30 am (D) (Basement across from
exercise room)
- 9:30 am **BREAK THRU TO SERENITY**
Memorial Drive Methodist Church
7903 E. 15th, NW corner 15th & Memorial
Park south side - west door
Door locked - ring buzzer
(Step Study, Beginners Meeting)
- 10:00 am **PROMISES WOMEN'S GROUP**
St. John's Episcopal Church
4200 S. Atlanta Pl.
Downstairs - Room 8
Saturday 10:00 a.m.
- 7:15 pm **AL-ANON OPEN SPEAKER
MONTHLY MEETING**
Lutheran Church of the Good Shepherd
8730 East Skelly Drive
***3rd SATURDAY OF EACH MONTH ONLY**
7:15 pm Fellowship 7:45 pm Speaker

SUNDAY

- 11:00 am **SUNDAY SERENITY**
Unity Church
3355 S. Jamestown
- 6:45 pm **SOS (Serenity On Sunday)**
AFG Intergroup Service Office
4867 S. Sheridan, Suite 705
Door locked - please knock LOUDLY



October, 2016
**AL-ANON/ALATEEN MEETINGS of
NORTHEASTERN OKLAHOMA**
**Check the bulletin board on our website
or call office for updates**
AFG INTERGROUP SERVICE OFFICE
4867 S. Sheridan, Suite 705
Tulsa, Oklahoma 74145
(918) 627-9114
www.tulsaiso.org
email: office@tulsaiso.org

Code to meetings:

SS	STEP STUDY	S	SPEAKERS
D	DISCUSSION	T	TRADITIONS
BC	BEGINNERS CLASS	*	AA MEETING AVAILABLE